August 2025
REFLECTIONS

America/Chicago (CDT)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					10:00am Morning Music and Stretch, ***RTV*** **10:45am** Brain Joggers: If This Than That, ***Ref*** **1:30pm** Bingo, ***Ref*** **2:00pm** Afternoon Refresh, ***RA*** **2:30pm** Walking Group, ***Ref***	**10:15am** Seated Stretch &Exercise, ***Ref*** **11:00am** Wit & Wisdom, ***Ref*** **2:00pm** Afternoon Refresh, ***RA*** **3:00pm** "Let the Acting Begin" (AC), ***Ref*** **6:00pm** Movie Night:, ***Ref***
3	4	5	6	7	8	9
10:00am Catholic Communion Service, ***B1*** **1:30pm** No Bake: Energy Balls!!, ***RTV*** **2:00pm** Afternoon Refresh, ***RA*** **3:00pm** FTV 1901 Sing-Along Hymns, ***FTV 1901*** **6:00pm** Movie Night, ***RTV***	**9:30am** Morning Connection Visits, ***Ref*** **10:45am** Brain Joggers: Finish the Line, ***RTV*** **1:30pm** Sweatin' to the Oldies, ***RTV*** **2:00pm** Afternoon Refresh, ***RA***	**9:45am** Memory Lane Trivia, ***RTV*** **10:30am** Exercise for Everybody, ***B153*** **1:30pm** Design a Tile, ***RTV*** **2:00pm** Afternoon Refresh, ***RA*** **3:30pm** Table Activities, ***Ref*** **4:00pm** FTV 1901 Sing-Along Hymns, ***FTV 1901***	**10:00am** News and Views w/ Daily Chronicle, ***RTV*** **10:15am** Worship Service, ***B1*** **11:00am** Fellowship Social, ***B1*** **2:00pm** Afternoon Refresh, ***RA*** **3:30pm** Afternoon Aromatherapy, ***Ref***	**9:45am** Finish That Line!, ***Ref*** **10:30am** Exercise for Everybody, ***B1*** **1:00pm** Annual Hobby Show, ***Friendship Hall*** **1:00pm** Small Group visits, ***Ref*** **2:00pm** Afternoon Refresh, ***RA*** **3:30pm** Lemonade & Letters: Sweet Sips & Kind Notes for Loved Ones, ***Ref***	**10:00am** Seated Volleyball, ***RTV*** **10:45am** Brain Joggers: If This Than That, ***Ref*** **1:30pm** Bingo, ***Ref*** **2:00pm** Afternoon Refresh, ***RA*** **2:30pm** Walking Group, ***Ref***	**10:15am** Seated Stretch &Exercise, ***Ref*** **11:00am** Wit & Wisdom, ***Ref*** **2:00pm** Afternoon Refresh, ***RA*** **3:00pm** Game Time, ***Ref*** **6:00pm** Movie Night:, ***Ref***
10	11	12	13	14	15	16
10:00am Catholic Communion Service, ***B1*** **1:30pm** Active Games:, ***RTV*** **2:00pm** Afternoon Refresh, ***RA*** **3:00pm** FTV 1901 Sing-Along Hymns, ***FTV 1901*** **6:00pm** Movie Night, ***RTV***	**9:30am** Morning Connection Visits, ***Ref*** **10:45am** Brain Joggers: Finish the Line, ***RTV*** **1:30pm** Sweatin' to the Oldies, ***RTV*** **2:00pm** Afternoon Refresh, ***RA***	**9:45am** Good Morning Chat, ***RTV*** **10:30am** Exercise for Everybody, ***B153*** **1:30pm** Through My Eyes: Picture Prompts, ***RTV*** **2:00pm** Afternoon Refresh, ***RA*** **3:30pm** Table Activities, ***Ref***	**10:00am** News and Views w/ Daily Chronicle, ***RTV*** **10:15am** Worship Service, ***B1*** **11:00am** Fellowship Social, ***B1*** **2:00pm** Mocktail Hour, ***RA***	**9:45am** Finish That Line!, ***Ref*** **10:30am** Exercise for Everybody, ***B1*** **1:00pm** Small Group visits, ***Ref*** **2:00pm** Afternoon Refresh, ***RA***	**10:00am** Morning Music and Stretch, ***RTV*** **10:45am** Brain Joggers: If This Than That, ***Ref*** **1:30pm** Bingo, ***Ref*** **2:00pm** Afternoon Refresh, ***RA*** **2:30pm** Walking Group, ***Ref***	**10:15am** Seated Stretch &Exercise, ***Ref*** **11:00am** Wit & Wisdom, ***Ref*** **2:00pm** Afternoon Refresh, ***RA*** **3:00pm** Game Time, ***Ref*** **6:00pm** Movie Night:, ***Ref***

		4:00pm FTV 1901 Sing-Along Hymns***, FTV 1901***				
17	**18**	**19**	**20**	**21**	**22**	**23**
10:00am Catholic Communion Service***, B1*** **1:30pm** Active Games:***, RTV*** **2:00pm** Afternoon Refresh***, RA*** **3:00pm** FTV 1901 Sing-Along Hymns***, FTV 1901*** **6:00pm** Movie Night***, RTV***	**9:30am** Morning Connection Visits***, Ref*** **10:45am** Brain Joggers: Finish the Line***, RTV*** **1:30pm** Sweatin' to the Oldies***, RTV*** **2:00pm** Afternoon Refresh***, RA***	**9:45am** Memory Lane Trivia***, RTV*** **10:30am** Exercise for Everybody***, B153*** **1:30pm** Connection Corner***, RTV*** **2:00pm** Afternoon Refresh***, RA*** **3:30pm** Table Activities***, Ref*** **4:00pm** FTV 1901 Sing-Along Hymns***, FTV 1901***	**10:00am** News and Views w/ Daily Chronicle***, RTV*** **10:15am** Worship Service***, B1*** **11:00am** Fellowship Social***, B1*** **2:00pm** Afternoon Refresh***, RA*** **3:30pm** Purposeful Projects***, Ref***	**9:45am** Finish That Line!***, Ref*** **10:30am** Exercise for Everybody***, B1*** **1:00pm** Small Group visits***, Ref*** **2:00pm** Afternoon Refresh***, RA*** **2:15pm** Music & Memories: Bells with CARLA!!***, B1CL*** **3:30pm** Table Activities***, Ref***	**10:00am** Morning Music and Stretch***, RTV*** **10:45am** Brain Joggers: If This Than That***, Ref*** **1:30pm** Bingo***, Ref*** **2:00pm** Afternoon Refresh***, RA*** **2:30pm** Walking Group***, Ref***	**10:15am** Seated Stretch &Exercise***, Ref*** **11:00am** Wit & Wisdom***, Ref*** **2:00pm** Afternoon Refresh***, RA*** **3:00pm** Game Time***, Ref*** **6:00pm** Movie Night:***, Ref***
24	**25**	**26**	**27**	**28**	**29**	**30**
10:00am Catholic Communion Service***, B1*** **1:30pm** Active Games:***, RTV*** **2:00pm** Afternoon Refresh***, RA*** **3:00pm** Henry the Wonder Dog***, B153*** **3:00pm** FTV 1901 Sing-Along Hymns***, FTV 1901*** **6:00pm** Movie Night***, RTV***	**9:30am** Morning Connection Visits***, Ref*** **10:45am** Brain Joggers: Finish the Line***, RTV*** **1:30pm** Sweatin' to the Oldies***, RTV*** **2:00pm** Afternoon Refresh***, RA*** **2:15pm** Silver Games Preview: What to Expect & How to Participate!***, AR***	**9:45am** Good Morning Chat***, RTV*** **10:30am** Exercise for Everybody***, B153*** **1:30pm** Scent & Sensory Sampler***, RTV*** **2:00pm** Afternoon Refresh***, RA*** **3:30pm** Table Activities***, Ref*** **4:00pm** FTV 1901 Sing-Along Hymns***, FTV 1901***	**10:00am** News and Views w/ Daily Chronicle***, RTV*** **2:00pm** Afternoon Refresh***, RA*** **3:30pm** Sunset Sing A Long***, Ref***	**9:45am** Finish That Line!***, Ref*** **10:30am** Exercise for Everybody***, B1*** **1:00pm** Mini Spa Day***, Ref*** **2:00pm** Afternoon Refresh***, RA*** **2:15pm** Music & Memories:***, B1CL*** **3:30pm** Table Activities***, Ref***	**10:00am** Morning Music and Stretch***, RTV*** **10:45am** Brain Joggers: If This Than That***, Ref*** **1:30pm** Bingo***, Ref*** **2:00pm** Afternoon Refresh***, RA*** **2:15pm** Trivia: Guess the TV Theme***, AR*** **2:30pm** Walking Group***, Ref***	**10:15am** Seated Stretch &Exercise***, Ref*** **11:00am** Wit & Wisdom***, Ref*** **2:00pm** Afternoon Refresh***, RA*** **3:00pm** Game Time***, Ref*** **6:00pm** Movie Night:***, Ref***
31						
10:00am Catholic Communion Service***, B1*** **1:30pm** Active Games:***, RTV*** **2:00pm** Afternoon Refresh***, RA*** **3:00pm** FTV 1901 Sing-Along Hymns***, FTV 1901*** **6:00pm** Movie Night***, RTV***						