

# Reflections

## Willows

MAY 2024

# MEMORIAL DAY

### SUNDAY

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

### SATURDAY

Meeting Places		Bridgeway BG Main Atrium Friendship Hall		Any questions contact the Lifestyles Team at ext. 5306	7:30 Eggs to Order Day! 10:15 Worship Service 11:00 Meet and Greet Social 1:30 Horse Racing Game 3:30 Walking Group 4:00 Afternoon Refresher and the Newspaper Sentinel 6:00 Coloring Pages	10:00 Morning Exercise 10:00 R-Small Group Activity 10:30 Scattogories 1:30 Taking our Hands to the Spa 3:30 Walking Group 4:00 Afternoon Refresher and the Newspaper Sentinel 6:00 Noodle Ball	10:00 Seated Stretch 10:30 TRIBOND 1:30 Travelogue: Hiking the Pacific Northwest Trail 3:30 Walking Group 4:00 Afternoon Refresher and the Newspaper Sentinel 6:00 Parachute	10:00 Morning Stretch 2:00 POKENO 2:30 Kentucky Derby Race: NBC 6:00 Special Feature: Brigadoon
<b>05</b> 10:00 Catholic Communion Service 10:30 FTV 1901 Village Worship 2:00 Watercolor Painting Flowers 3:30 PUZZLES 6:00 Weekend Show: Concert Jersey Boys	<b>06</b> 10:00 Seated Stretch 10:30 News Currents 2:00 Churros Day in Bridgeway 3:30 Sorting and Folding 4:00 Afternoon Refresher and the Newspaper Sentinel 6:00 Table Bowling	<b>07</b> 10:00 Exercise with Noodles 10:30 ALL Aboard! Anniversary of Amtrak Trains 1:30 Live Performance with John the Piano Man 1:45 Balance class with Fitness 3:30 Walking Group 4:00 Afternoon Refresher and the Newspaper Sentinel 6:00 Flower Arranging	<b>08</b> 10:15 Worship Service 11:00 Meet and Greet Social 2:00 Live Performance with Michael and Noreen 3:30 Walking Group 4:00 Afternoon Refresher and the Newspaper Sentinel 6:00 Coloring Pages	<b>09</b> 10:00 R-Small Group Activity 10:00 Morning Exercise 10:30 Craft: Cherry Blossoms 1:30 Taking our Hands to the Spa 3:30 Walking Group 4:00 Streaming Great Parks of Africa 6:00 Noodle Ball	<b>10</b> 10:00 Seated Stretch 10:30 TRIBOND 1:30 Travelogue: Sahara Desert Africa 3:30 Walking Group 4:00 Afternoon Refresher and the Newspaper Sentinel 6:00 Parachute	<b>11</b> 10:00 Morning Stretch 2:00 Bingo 6:00 Special Feature: Roman Holiday		
<b>12</b> 10:00 Catholic Communion Service 10:30 FTV 1901 Village Worship 2:00 Westminster Dog Show on Channel FOX 2:00 Bingo 6:00 Weekend Show: Yakov's Jokes from the Folks	<b>13</b> 10:00 Seated Stretch 10:30 Can You C it? How many foods start with the letter C. 2:00 Live Performance with Jan and Gino 3:30 Secret Garden 4:00 Afternoon Refresher and the Newspaper Sentinel 6:00 Table Bowling	<b>14</b> 10:00 Exercise with Noodles 10:30 Wheel of Fortune 2:00 Live Performance with John Hathaway 3:30 Walking Group 4:00 Frisbee Tic Tac Toe 6:00 Flower Arranging	<b>15</b> 10:15 Worship Service 11:00 Meet and Greet Social 1:30 News Currents Program 3:30 Walking Group 4:00 Afternoon Refresher and the Newspaper Sentinel 6:00 Coloring Pages	<b>16</b> 10:00 R-Small Group Activity 10:00 Morning Exercise 10:30 Scattogories 1:30 Taking our Hands to the Spa 2:00 Bocce Ball with Circle of Friends 3:30 Walking Group 4:00 Afternoon Refresher and the Newspaper Sentinel 6:00 Noodle Ball	<b>17</b> 10:00 Seated Stretch 10:30 TRIBOND 1:30 May Travelogue: Key West Florida 3:30 Walking Group 4:00 Afternoon Refresher and the Newspaper Sentinel 6:00 Parachute	<b>18</b> 10:00 Morning Stretch 2:00 POKENO 6:00 Special Feature: Rat Race		

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MAY 2024

# MEMORIAL DAY

## SUNDAY

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

## SATURDAY

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All programs subject to change